

**HUMILITY SYMBOL** helps us to set our egos aside so we can hear intuitive guidance, connect with beings of a Higher Heaven, and receive messages of wisdom from the healing symbols. Use during a session any time you feel stuck in your figuring out mind, 'Humility will reconnect you with your intuitive guidance.

*The Humility Symbol:*

- *Heals Humiliation*
- *Opens a doorway to accept and receive the unexpected.*
- *Sets the wounded ego aside to receive more benefits from spiritual work.*
- *Supports suspension of disbelief.*
- *Supports a practitioner's comfort with being a co-creator of miracles.*
- *Heals sacral chakra issues; money, pleasure, sex.*
- *Heals traumatic shame and guilt.*
- *Heals the solar plexus chakra to enhance personal power.*
- *Awakens sense of self-worth and deservedness.*
- *Heals the heart chakra to allow love and respect.*
- *Heals embarrassment and shame.*
- *Heals feelings of impotency and helplessness.*
- *Restores gratitude.*
- *Heals disgrace and indignation.*
- *Restores personal dignity.*